

1 Lifestyle support

1. Provide personal and practical assistance to enable the person to live their chosen lifestyle.
2. Liaise with the person, other support workers and family members to ensure consistency and continuity of care.
3. Advocate for and with the person, where appropriate.
4. Respect the person's right to privacy and maintain confidentiality at all times.
5. Immediately inform the person of anything which may impact on the person's living arrangement (such as health issues, accidents, or hazards).

2 Health care support

1. Arrange and collect prescriptions, where requested.
2. Attend medical appointments, where requested.
3. Monitor the person's general health.

3 Daily living support

1. Assist with showering, dressing and basic hygiene, where requested.
2. Assist the person to transfer to and from the bed to the wheelchair/shower chair/ vehicles, where requested.
3. Assist with washing, ironing and personal presentation, where requested.
4. Assist with shopping for food, domestic and personal requirements, where requested.
5. Assist with preparation and cooking of meals, where requested.
6. Assist with eating and drinking, where requested.
7. Assist with setting, clearing and washing of dishes, where requested.
8. Assist with home cleaning duties, where requested.
9. Drive the person to and from appointments and events, where requested.

4 Community access support

1. Accompany the person on outings and activities, where requested.

5 General

1. Maintain proper records, where requested.
2. Undertake other duties, where requested.